Adelaide Convention Centre 7-10 September 2023

The 12th Congress of the Asia Pacific Initiative on Reproduction www.aspire2023.com to register

### **Pre-Congress Workshop: Diagnosing Endometriosis by Ultrasound** - Looking for Ultrasound Markers

by Louise Hull

In this workshop, our international experts in endometriosis sonography, George Condous (Sydney), Matthew Leonardi (Canada), Sophie Piessens (Melbourne) and Alison Deslandes (Adelaide) and MRI expert Steven Knox (Adelaide) will demonstrate the techniques that are required to detect endometriosis using ultrasound and MRI and how this can help improve care for patients with fertility problems. For a smaller group a live scanning workshop will provide real time opportunities to wrok with our experts to identify lesions and improve their own scanning techniques for endometriosis.

#### **Learning Objectives:**

- 1. Understand the value of diagnosing endometriosis with ultrasound, particularly as it pertains to fertility patients
- 2. Obtain a theoretical understanding of the appearance of endometriosis on ultrasound
- 3. Gain practical scanning skills for endometriosis (Hands on session only)

Date: Thursday 7 September 2023

Time: 0900 - 1730

#### **REGISTRATION FEES**

- Member's Rate

| Full day | y workshop | **USD 200 |
|----------|------------|-----------|
| i uii uu | y Workshop | 000 200   |

Full day workshop -\*\*USD 250

Non-Member's Rate

\*Half day workshop **USD 100** 

**Member's Rate** 

\*Half day workshop **USD 150** Non-Member's Rate



Louise Hull (Australia)



**George Condous** (Australia)



Sophie Piessons (Australia)



Dr Mathew Leonardi (Canada)



Alison Deslandes (Australia)



Stephen Knox (Australia)

| LECTURES     |   |                              |
|--------------|---|------------------------------|
| 0900 - 0910  | Welcome Message   | Louise Hull (Australia)      |
| 0910 - 0930  | Performing an Ultrasound for Deep Endometriosis: An Overview of the Idea<br>Consensus | George Condous (Australia)   |
| 0930 - 0950  | Adenomyosis and Endometriomas   | Sophie Piessons (Australia)  |
| 0950 - 1010  | Diagnosing Superficial Endometriosis With Ultrasound?                                 | Mathew Leonardi (Canada)     |
| 1010 - 1030  | How to Perform a Basesline Ultrasound for Subfertility                                | Alison Deslandes (Australia) |
| 1030 - 1100  | Coffee Break  |                              |
| 1100 - 1115  | Assessing Anterior Compartment  | George Condous (Australia)   |
| 1115 - 1130  | Assessing the Rectosigmoid Colon  | Sophie Piessons (Australia)  |
| 1130 - 1145  | Assessing the Uterosacral Ligaments   | Mathew Leonardi (Australia)  |
| 1145 - 1200  | Soft Markers and the Siding Sign  | Alison Deslandes (Australia) |
| 1200 - 1230  | Q&A Panel Discussion  | All speakers                 |
| 1230 - 1330  | Lunch   |                              |
| 1330 - 1350  | When to MRI   | Stephen Knox (Australia)     |
| 1350 - 1410  | Can Al Improve Imaging Diagnostics?   | Louise Hull (Australia)      |
| 1410 - 1500  | Live Scan Demostration with Q&A Discussion  |                              |
| 1500 - 1530  | Coffee Break  |                              |
| SCANNING HAN | NDS-ON WORKSHOP   |                              |
| 1530 - 1730  | Ultrasound Scanning Hands-on Segment  |                              |

<sup>\*</sup>includes lectures only from 0900 - 1500

<sup>\*\*</sup>limited seats available

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# **Pre-Congress Workshop: PCOS - Unravelling the Enigma**

by Reproductive Endocrinology SIG, Robert Norman and Madhuri Patil

This pre-congress will offer a comprehensive and state-of-art view of the multiple aspects of the polycystic ovary syndrome, including physiopathology, diagnosis, long term health risks and sequelae and pregnancy complications for the affected women and their offspring.

Date: Thursday 7 September 2023

Time: 0855 - 1800

**Members Rate** 





Norman Teede Li (Australia) (Australia) (China)











**REGISTRATION FEES** 

**USD 150 Non Members Rate USD 200** 







Bedson Kar (Australia) (India)

Patil (India)



Marcelle Duru Shah (India) Cedars (USA)



(Vietnam)

| Session 1: Inter | rnational Guidelines in PCOS and Diagnosis   Chair: Helena                                  | ı Teede   |
|------------------|---|---|
| 0855 - 0900      | Introduction to the workshop by the Chairpersons  | Robert Norman (Australia) / Madhuri Patil (India)   |
| 0900 - 0930      | International Guidelines and Significant Advances in Diagnosis                              | Helena Teede (Australia)  |
| 0930 - 0950      | Can AMH Replace Ultrasound In the Diagnosis of PCOS   | Robert Norman (Australia)   |
| 0950- 1005       | The Prevalence of PCOS in East Asia   | Rong Li (China)   |
| 1005 - 1020      | The Prevalence of PCOS in South Asia  | Madhuri Patil (India)   |
| 1020 - 1035      | Q&A Discussion  | All speakers above  |
| 1035 - 1100      | Coffee Break  |   |
| Session 2: Shor  | rt and Long-term Complications of PCOS   Chair: Marcelle                                    | Cedars  |
| 1100 - 1130      | Pregnancy and Early Life Complications of PCOS  | Jillian Tay (Australia)   |
| 1130 - 1200      | Cardiometabolic Complications of PCOS   | Anju Joham (Australia)  |
| 200 - 1230       | Q&A, Case presentation and Discussion   | Helena Teede (Australia), Madhuri Patil (India),<br>Roger Hart (Australia)  |
| Keynote Addre    | ess   Chair: Helena Teede   |   |
| 230 - 1300       | Genetics and Phenotypes in PCOS   | Richard Legro (USA)   |
| 1300 - 1400      | Lunch   |   |
| Session 3: Ovu   | lation Induction in PCOS - Overcoming Challenge   Chair: I                                  | Richard Legro   |
| 1400 - 1420      | Optimising Preconception Care   | Lisa Moran (Australia)  |
| 1420 - 1440      | Impact of Prestimulation Treatment  | Nalini Mahajan (India)  |
| 1440 - 1500      | Optimising Ovulation Induction in PCOS  | Madhuri Patil (India)   |
| 1500 - 1530      | Q&A, Case presentation and Discussion   | Lisa Bedson (Australia), Sujata Kar (India), Lisa Moran<br>(Australia), Marcelle Cedars (USA), Nalini Mahajan (India) |
| 1530 - 1600      | Coffee Break  |   |
| Session 4: Incr  | easing Efficiency and Preventing Complications   Chair: M                                   | adhuri Patil  |
| 1600 - 1620      | Natural History of Reproductive Complications (Menstruation,Including Cancer and Menopause) | Roger Hart (Australia)  |
| 1620 - 1640      | Optimising IVF outcomes   | Lan Vuong (Vietnam)   |
| 640 - 1700       | Social and Psychological Aspects - Communicating<br>With Our Patients                       | Duru Shah (India)   |
| 700 - 1730       | Q&A, Case presentation and Discussion   | Rong Li (China), Richard Legro (USA), Marcelle Cedars (USA  |
| 730 - 1800       | Take home message from the workshop   | Helena Teede (Australia) / Madhuri Patil (India)  |



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# Pre-Congress Workshop: Preconception, Preimplantation and Prenatal Genetic Testing

by Tristan Hardy and Melody Menezes

This course is a pragmatic introduction to reproductive genetics and advances in preconception, preimplantation and prenatal genetic testing. Led by Dr. Tristan Hardy (Medical Director Genetics, Monash IVF Group) and Dr. Melody Menezes (Scientific Director, Monash Ultrasound for Women and Head Genetic Counsellor, Monash IVF Group), the program will comprise presentations and interactive sessions from local and international experts in genetics, IVF and maternal fetal medicine. The aim of the session will be to educate and inspire attendees to develop pragmatic local protocols to deal with the ever-increasing amount of genetic information required to run an IVF practice and beyond.

Date: Thursday 7 September 2023

Time: 1300 - 1730

#### REGISTRATION FEES

Members Rate USD 150 Non Members Rate USD 200



Tristan Hardy (Australia)



Melody Menezes (Australia)

| Session 1: Preconception to Preimplantation |   |
|---|---|
| 1300 - 1330                                 | Welcome and Introduction  |
| 1330 - 1400                                 | The Future of Preconception Screening   |
| 1400 - 1430                                 | The Future of Preimplantation Genetic Testing for Single Gene Conditions        |
| 1430 - 1500                                 | Coffee Break  |
| Session 2: Preimplantation to Prenatal      |   |
| 1500 - 1530                                 | Should We Be Performing Preimplantation Genetic Testing for Aneuploidy?         |
| 1530 - 1600                                 | What Is the Optimal Pathway for Prenatal Screening and Diagnosis Following IVF? |
| 1630 - 1700                                 | Mitochondrial Donation: The Next Frontier.                                      |
| 1700 - 1730                                 | Discussion and Close  |

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## Pre-Congress Workshop: How to Bring Coordination to Your Clinic

by Reproductive Nurses SIG

This inaugural pre-congress course being presented by the Aspire Nursing Special Interest Group has been designed to provide participants with a practical introduction on "How to bring coordination to your clinic". The program will comprise of presentation and interactive sessions from local and international speakers with the knowledge and skills in the area of clinical coordination and quality management within the fertility health care setting.

This half day course will provide attendees an opportunity to facilitate professional development, promote networking and exchange of ideas with Fertility nurses from across a number of the Asia Pacific Regions.

The target audience: Nurses in both Clinical and Management positions, Quality Managers

#### Learning objectives:

- 1. Attendees will develop an understanding of the importance of teamwork within the fertility setting.
- 2. Identify strategies for building an inclusive clinic.
- 3. Develop an understanding of the fundamental components of effective communication within a multidisciplinary team.
- 4. Gain an insight into the development of emergency protocols and contingency plans in the fertility setting.
- 5. Attendees will experience an Australian clinic visit with an aim to facilitating networking and information exchange.

Date: Thursday 7 September 2023

Time: 0900 - 1330

#### **REGISTRATION FEES**

Members Rate USD 50 Non Members Rate USD 100



Rebecca C Moore (Australia) (A



ormel Muhsinah orrigan Aleem ustralia) (Singapore)



Janice Tay (Singapore



Megan Astor Black Tse (New Zealand) (Hong Kong)





(Hong Kong)

Crystal



(Australia)

Paula Adrianne



(Australia)

Debbie Blake (Australia)



Helen Nicholson (New Zealand)

| LECTURES    |   |   |
|-------------|---|---|
| 0900 - 0920 | Teamwork Makes the Fertility Dream Work   | Rebecca Moore (Australia)   |
| 0920 - 0940 | What Can We Do to Build an Inclusive Clinic?  | Debbie Blake (Australia) and<br>Helen Nicholson (New Zealand)   |
| 0940 - 1020 | Panel Discussion: Smooth Running of the Clinic  | Chair: Carmel Carrigan (Australia)  Panellists: Muhsinah (Singapore) Janice Tay (Singapore) Megan Black (New Zealand) Astor Tse (Hong Kong) Crystal Hui (Hong Kong) Paula Scanlon (Australia) |
| 1020 - 1050 | Coffee Break  |   |
| 1050 - 1130 | Interdisciplinary Team- How to Make It Work?  | Astor Tse (Hong Kong) &<br>Crystal Hui (Hong Kong)  |
| 1130 - 1150 | Effective Communication in a Fertility Setting  | Crystal Hui (Hong Kong)   |
| 1150 - 1210 | Contingency Plan and Emergency Protocols- What You Need to Know   | Adrianne Pope (Australia)   |
| 1210 - 1330 | Experience Exchange- Visit Embrace Fertility Clinic  Here you will be able to experience how the Nurses at Embrace Fertility Clinic daily operation, engage in experience sharing (i.e.: how to educate and support patients), how to coordinate the care and sharing of insight into how the clinic successfully bring the team together (i.e.: Multidisciplinary meetings, effective communication) |   |

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### Pre-Congress Workshop: Mastering Blastocyst Biopsy (Hands-on workshop)

by Embryoloy SIG

This workshop will **focus on the practical handling** of blastocyst biopsy in a routine IVF lab procedure. With the half-day lectures and half-day hands-on trainings, participants will be able to get an overview of current blastocyst biopsy techniques:

- · Learn about different biopsy techniques
- · Learn about tubing skills

- Get tips and experience from the experienced biopsy practitioners
- Learn about quality control and troubleshooting for the procedure.

Date: Thursday 7 September 2023

Time: 0900 - 1900

### **REGISTRATION FEES**

| Full day workshop<br>- Member's Rate     | **USD 250 |
|--|-----------|
| Full day workshop -<br>Non-Member's Rate | **USD 300 |
| *Half day workshop<br>Member's Rate      | USD 100   |
| *Half day workshop<br>Non-Member's Rate  | USD 150   |

Ling Chi (Hong Kong)



Arthur Chang (USA)



Keshav Malhotra (India)



Krishna Chaitanya (India)



Sweelian Liow (Singapore)



Ryan Rose (Australia)



Kenji Ezoe (Japan)

### \*includes lectures only from 0900 - 1205 \*\*limited seats available

| LECTURES - 09 | 900 - 1200   |   |
|---------------|--|---|
| 0900 - 0910   | Introduction - Biopsy: A Major Factor That Can Impact the Clinical Outcome of PGT ( PGT-A)   | Ling Chi (Hong Kong)                              |
|               | Session One - Formal Lectures   Chaired by Arthur Chang (Taiv  | wan)  |
| 0910 - 0920   | Biopsy Procedure and Preparation (Including Biopsy Medium, And Biopsy Dish)  | Arthur Chang (Taiwan)                             |
| 0920 - 0950   | The Different Biopsy Techniques  | Keshav Malhotra (India)                           |
| 0950 - 1005   | Common Mistakes While Performing an Embryo Biopsy  | Krishna Chaitanya (India)                         |
| 1005 - 1030   | Blastocyst Biopsy - Genetics Lab Perspective   | Kathryn Gebhardt (Australia)                      |
| 1030 - 1040   | Coffee Break   |   |
|               | Session Two - Salon Talks  Chaired by Ling Chi (Hong Kong  | )   |
| 1040 - 1135   | 1. Which Blastocyst to Be Biopsied? - Blastocyst Stage and Quality   | Arthur Chang (Taiwan)                             |
|               | 2. Zona Opening - The Different Options and Methods  | Sweelian Liow (Singapore)                         |
| 72 -          | 3. Select the Right Biopsy Needle for You and Your Embryos   | Keshav Malhotra (India)                           |
|               | 4. Micromanipulator Set-up - Taking Control of This System   | Ryan Rose (Australia)                             |
|               | 5. How Many Cells Should Be Biopsied? - Perspectives From Embryologist and Genetic Testing Lab   | Cheng Ching-Wen (Taiwan)                          |
|               | 6. Sample Loading - The Critical Step of Biopsy  | Ling Chi (Hong Kong)                              |
|               | 7. The Timing of Vitrification After Biopsy  | Kenji Ezoe (Japan)                                |
|               | 8. Re-Biopsy and Biopsy of Post-vitrified Blastocyst   | Krishna Chaitanya (India)                         |
|               | Session Thress - Panel Discussion Chaired by Keshav Malhotra   | (India)   |
| 1135 - 1205   | Q&A Panel Discussion   | All Faculty                                       |
| 1205 - 1300   | Lunch  |   |
| HANDS-ON - N  | Mastering Blastocyst Biopsy - 1300 - 1900  |   |
| 1300 - 1900   | Stations: Blastocyst Biopsy (with laser) Blastocyst Biopsy (without laser) Loading Biopsy Sample QC & QA (including troubleshooting) - Q&A session | Each participant will have 90mins at each station |